

Table 3 Control Forces During Recovery (LBF)

Spin Mode	Stick Force		Rudder Force	
	FWD CG	AFT CG	FWD CG	AFT CG
Normal	7-10	10-15	30-35	35-40
Accelerated	35-45	65-75	160-170	185-195
Flat	40-45	75-85	180-190	195-205
Inverted	5	7-10	30-35	35-40